



CHILDREN'S LITURGY OF THE WORD

FEBRUARY 5, 2023

READINGS

Listen to the readings shared in our Children's Liturgy of the Word video.
Read them again and listen carefully!

1st Reading: *Isaiah 58: 7-10*

Psalm: *The just man is a light in darkness to the upright.*

2nd Reading: *1 Cor 2: 1-5*

Gospel Reading: *Matthew 5: 13-16*

CLOW Gospel Reflection

Reflection: Today we celebrate the Fifth Sunday of Ordinary Time. In the Gospel, we hear Jesus tell his disciples that they are the salt of the earth and that they are the light of the world. As Jesus' followers, we too are the salt of the earth and light of the world. *Why do you think Jesus told his disciples that they are the salt of the earth and light of the world?* When we think about salt and what it does for food, we know it helps bring flavor to what we eat. And when we think about what light does when we are in darkness, we know it shines the way around us. We can be like salt and light by the love and care we share with others. We enhance the life of others by the compassion we show and we share the light of Christ with others by the way we live our lives.

Celebrating the 5th Sunday of Ordinary Time

Click the links below for ideas and ways that you can celebrate this day at home!

[Catholic Mom: Sunday Activities](#)

[Catholic Icing: Saint Feast Days for February](#)

