

When does Confirmation happen?

Normally, those who complete the Adult Confirmation preparation program will be confirmed by the Bishop with other adults from the North Region of the Archdiocese of Boston. The Adult Confirmation celebration is typically held during the Spring season.

Adult Confirmation preparation will be done “virtually” during the Pandemic. Contact Kate McGrath, *Pastoral Associate* at kmcgrath@ola-smg.org or 781-598-4313, ext. 224 for more information.

Confirmation Prayer

Spirit of God, grant me:

The gift of wisdom, to see the world through your eyes;

The gift of counsel, to make difficult decisions;

The gifts of knowledge and understanding, to use my mind to know you and to love you;

The gift of fortitude, to have the courage to live in the faith despite the difficulties and disappointments;

The gift of piety, to be able to express my special love and commitment to you, and the right kind of awesome fear that makes me pause to wonder and revere Your Love.

Amen.

www.avemarialynnfield.org

Adult Confirmation

A Guide for Being Confirmed in the Catholic Church as an Adult



Ave Maria Parish

17 Grove Street, Lynnfield, MA 01940 | 781-598-4313

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Catholic but never Confirmed?

First, realize that you are not alone! There are many adults who were baptized Catholic and who may have participated in some formal faith formation, or maybe not. Our Confirmation preparation for Adults (those 18 years of age or older) is intended for those who have received the Sacraments of Baptism, Holy Communion, and Reconciliation but have not received the Sacrament of Confirmation.

You probably have a lot of questions, and we are here for you to answer them as best as we can. We welcome both casual and serious inquirers, and we will work with you at whatever pace is comfortable. We will help you to figure out whether or not you are ready to pursue Confirmation at this time: including What brought you here? and Why you are seeking to be Confirmed at this time in your life?

Different People, Different Paths

The journey toward receiving the Sacrament of Confirmation looks different for everyone, depending on what has led you to inquire about receiving Confirmation and what “distance” you still have to go before being ready to commit yourself as an adult to Jesus Christ through the Catholic Church. Some people will be approaching us for the first time; having little connection with the Church. Others will be regular church-goers who have just decided that it’s finally “time.”

What do I have to do?

The very first sign that someone is on the road to being a confirmed Catholic is when he or she has shown a commitment to worshipping with the parish community every Sunday. Everything else about being Catholic flows from our worship together. It is where we most fully “learn” to be Catholic. We hear and are encouraged by God’s Word in Sacred Scripture, and we receive the Jesus’ real presence that comes to us in the Holy Eucharist. We gather as a community to encourage one another in our common mission together and are sent forth to live our faith through serving others and witnessing to the values of Jesus in our homes, communities, and workplaces.

In addition to worship, being a fully-committed Catholic involves *knowing* the faith and *practicing* the faith. As far as knowing, we will provide opportunities for you to join classes and discussions according to your needs and your schedule. One requirement is participation in a six week course/discussion designed especially for adult Confirmation candidates. These group sessions are available during the Fall and Winter. As far as *practicing* the faith, we can offer you many service opportunities in the parish, or you can engage in service elsewhere in the community. As long as you are actively and intentionally doing the work of Jesus, you are on your way to Confirmation!