

Celebrate Advent!

Celebrating the Year of the Eucharist

Mealtime Prayer

Bless us O Lord,
and these thy gifts,
which we are about to receive
from thy bounty,
through Christ, Our Lord.
Amen.

Fun Fact: The origins of Advent can be traced back to the Church in France. The Church in France had used the period before Epiphany as a time for preparation for baptism. It was called “St. Martin’s Lent.”

Visit our Year of the Eucharist page on our Parish website for more resources and ways you and your family can celebrate this special year!



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The Advent Wreath

The Advent Wreath is full of symbolism, each part of the Advent Wreath means something special. The wreath, which is usually made from evergreens, represents God's unending love. The four candles represent the four weeks of Advent, and the light represents Christ, the light of the world!

Begin each morning with this prayer
In this week of Advent, help us to grow in love,
peace, patience and faith!